

Part B - Health Facility Briefing and Planning

650 SUB-ACUTE CARE UNIT

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INTRODUCTION

Description

650 .2.00	Sub-acute Care is the specialised health care delivered to patients who need time rather than intensity and a mix of clinical and professional skills rather than management by a single or principal specialty. It is problem-focused rather than diagnosis-focused and is provided in the setting most appropriate to their individual needs.
650 .3.00	Sub-acute Care service comprises the following streams of care: - Geriatric Evaluation and Management - Rehabilitation - Ambulatory Care Services (Community Rehabilitation and Specialist Clinics).
650 .4.00	GERIATRIC EVALUATION AND MANAGEMENT (GEM) Geriatric Evaluation and Management is care in which the clinical intent or treatment goal is to maximise health status and/or optimise the living arrangements for a patient with multi-dimensional medical conditions associated with disabilities and psychosocial problems, who is usually (but not always) an older patient. This may also include younger adults with clinical conditions generally associated with old age. This care is usually evidenced by multi-disciplinary management and regular assessment against a management plan that is working towards negotiated goals within indicative time frames. Geriatric evaluation and management includes care provided in a GEM unit, in a designated GEM program, under the principal clinical management of a Geriatrician, and in the opinion of the treating doctor, when the principal clinical intent of care is GEM.
650 .5.00	REHABILITATION PROGRAM Rehabilitation is care in which the clinical intent or treatment goal is to improve the functional status of a patient with an impairment, disability or handicap. It is usually evidenced by a multi-disciplinary rehabilitation plan comprising negotiated goals and indicative time frames, which are evaluated by a periodic assessment using a recognised functional assessment measure.

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It includes care provided in a designated rehabilitation unit; under the principal clinical management of a rehabilitation physician, or in the opinion of the treating doctor, when the principal clinical intent of care is rehabilitation.

Refer to Rehabilitation Unit for a detailed description of unit requirements and accommodation.

650 .6.00 SUB-ACUTE AMBULATORY CARE SERVICES

Sub-acute ambulatory care based services are delivered in a person's home or at a community rehabilitation centre.

Sub-acute care in the community is typified as a person-focused, interdisciplinary model of care, which is oriented towards flexible service delivery in a range of care settings (for example Community Rehabilitation Centres). Its aim is to improve and maintain a person's functional capacity and maximise their independence.

Sub-acute ambulatory care based services provide the following:

- A flow of care, where therapy in a community setting follows up an inpatient episode of care
- Time-limited, goal-centred episodes of care aimed at improving health outcomes
- The ability to reduce admissions and readmissions to inpatient services by providing people with home-based or centre-based therapeutic interventions that prevent the deterioration of an existing condition and/or improve functionality
- Therapy to people to assist them in achieving the maximum level of reintegration into their community after an inpatient episode.

650 .7.00 COMMUNITY REHABILITATION CENTRES

Community Rehabilitation Centres (CRCs) provide a multidisciplinary rehabilitation service to enable clients who are disabled, frail, chronically ill or recovering from traumatic injury to achieve and retain optimal functional independence.

The range of sub-acute specialist clinics includes:

- Continence clinics
- Cognitive Dementia and Memory
- Service (CDAMS) clinics; Falls and Mobility clinics
- Pain management clinics.

PLANNING

Functional Areas

650 .8.00 SETTINGS OF CARE

Sub-acute Care will include:

- Admitted patient/bed base care, delivered through:
 - Identified sub-acute beds within acute health services
 - Centres Promoting Health Independence
- Sub-acute community-based services, delivered through:
 - Community Rehabilitation Centres
 - Specialist Clinics
 - Centres Promoting Health Independence
 - The person's home.

650 .9.00 ADMINISTRATIVE & ENTRY AREAS

These areas comprise the:

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- Entry / Lobby, Reception / Waiting Area and Toilets
- Clinical / health records, computers, printers, photocopier and store
- Multi-use Interview Room
- Executive and administrative offices
- Multi-use Meeting Room and beverage preparation.

650 .10.00 CLINICAL / HEALTH RECORDS

The clinical records storage space should be located adjacent to the administrative areas, accessible to reception and clinical staff, particularly night nursing staff.

650 .11.00 FAMILY FACILITIES

A multi-function space for use as a family sitting area or interview/ counselling may be required. Fittings and furniture may include the following:

- Lounge chairs, or table and chairs
- Access to tea/coffee making facilities is desirable
- Sufficient power for appliances and television.

650 .12.00 LIBRARY / RESOURCE FACILITIES

An area is required for Library / resource material. Larger facilities may have a specified room for this purpose; smaller services may incorporate this facility into other areas such as the Meeting Room or Waiting Area.

650 .13.00 PANTRY

A Pantry may be required for the storage, preparation and cooking of food. The function of the Pantry will vary depending on whether there is a central Kitchen on site. The Pantry may need to function as an ADL training Kitchen.

650 .14.00 PATIENT LOUNGE

A Lounge is required where patients may relax and socialise. Lounge, Dining and Kitchen areas may be combined into one open space or in separate but adjacent areas. Patient Toilets should be located in close proximity.

650 .15.00 RECEPTION AREA

The Reception Area is the main arrival and exit point of the building. This space may also function as a Waiting Area. Clerical office space for receiving of patients, visitors, telephone calls and enquiries will be situated in this area. The Reception Area is located at the entry of the Sub-acute Care Inpatient Unit and should be in close proximity to administrative office personnel.

Functional Relationships

650 .16.00 Sub-acute Care Unit will require easy access for patients and visitors with limited mobility.

The Sub-acute Inpatient Unit should be in close proximity to the Allied Health / Treatment area.

DESIGN

General

- 650 .17.00 The design should provide an environment that will allow the maximum mobility for each person, particularly the increasing number of patients who are frail and require assistance from one or more staff.

The design should also accommodate patients with sensory impairments. The use of cues, orientation, colour, material surface changes and details such as varying the corridor widths or change in direction assist in providing a built environment in which the patient feels comfortable and secure.

COMPONENTS OF THE UNIT

Introduction

- 650 .18.00 The Sub-acute Care Unit will consist of a combination of Standard Components and Non-Standard Components.

Standard Components must comply with details in Standard Components described in these Guidelines. Refer also to Standard Components Room Data Sheets.

Standard Components

- 650 .19.00 Provide the Standard Components as identified in the Schedule of Accommodation.

Non-Standard Components

- 650 .20.00 Provide the Non-Standard Components as identified in this section and in the Schedule of Accommodation, according to the Operational Policy and Functional Brief.

- 650 .21.00 DINING ROOM

A Dining Room is required for patients to have meals and socialise.

The Dining Room size will be dependent on the number of persons to be accommodated.

- 650 .22.00 LOCATION AND RELATIONSHIPS

The Dining Room may be located adjacent to the Lounge and Kitchen areas and should have ready access to patient toilets.

- 650 .23.00 CONSIDERATIONS

Fittings and furniture for this area should include:

- Individual tables with seating for up to four people with space for wheelchairs
- Domestic style furnishings
- Wall and door protection for chairs and wheelchairs.

- 650 .24.00 MULTI-PURPOSE ACTIVITY AREA

DESCRIPTION AND FUNCTION

A Multi-purpose Activity Area is required for inpatients and outpatients to participate in therapeutic and social activities during the day.

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Non-Standard Components

650 .25.00 LOCATION AND RELATIONSHIPS

The Multi-purpose Activity Area should be located with ready access to inpatient and outpatient areas. Direct access to an external area is desirable.

650 .26.00 CONSIDERATIONS

Fittings and furniture will include:

- Lockable cupboards for storage of materials or equipment
- Chairs suitable for table activities and relaxation
- A whiteboard and pinboard
- A wall that may be used for projection
- Computer cabling if computer activities are to be included
- Television outlet and television.

For additional room considerations refer to Standard Component - Meeting Room - Medium/ Large.

APPENDICES

Sub-acute Care Generic Schedule of Accommodation

650 .27.00 Schedule of Accommodation for Sub-acute Care Facilities of 10, 20 30 and 40 Beds:

ENTRY & ADMINISTRATIVE AREA

ROOM / SPACE	Standard Component	10 Bed Qty x m2	20 Bed Qty x m2	30 Bed Qty x m2	40 Bed Qty x m2		Remarks
BAY - MOBILE EQUIPMENT	yes	2 x 4	3 x 4	4 x 4	4 x 4		Wheelchairs and trolleys
ENTRY LOBBY		1 x 6	1 x 6	1 x 8	1 x 8		
INTERVIEW ROOM	yes	1 x 12	1 x 12	1 x 12	2 x 12		Large for family groups
RECEPTION	yes	1 x 15	1 x 20	2 x 25	2 x 25		Area dependent on numbers of staff to be accommodated
STORE - FILES	yes	1 x 10	1 x 10	1 x 12	1 x 14		Clinical Records; area dependent on quantity of records to be held
STORE - PHOTOCOPY / STATIONERY	yes	1 x 8	1 x 8	1 x 8	1 x 8		
TOILET - DISABLED	yes	1 x 5	1 x 5	1 x 5	2 x 5		Public
WAITING	yes	1 x 15	1 x 20	1 x 24	1 x 24		

650 .28.00 INPATIENT AREAS

ROOM / SPACE	Standard Component	10 Bed Qty x m2	20 Bed Qty x m2	30 Bed Qty x m2	40 Bed Qty x m2		Remarks
1 BED ROOM	yes	7 x 15	15 x 15	23 x 15	30 x 15		
1 BED ROOM - SPECIAL	yes	1 x 18 optional	1 x 18 optional	1 x 18 optional	1 x 18 optional		
2 BED ROOM	yes	1 x 25	2 x 25	3 x 25	4 x 25		

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ADL KITCHEN	yes	1 x 12 optional	1 x 12 optional	1 x 12 optional	1 x 12 optional		
ADL BATHROOM	yes	1 x 12 optional	1 x 12 optional	1 x 12 optional	1 x 12 optional		
BAY - FLOWERS	yes	1 x 2 optional	1 x 2 optional	2 x 2 optional	2 x 2 optional		
BAY - HANDWASHING	yes	2 x 1	3 x 1	3 x 1	4 x 1		In addition to handbasins in Bedrooms
BAY - LINEN	yes	1 x 2	1 x 2	2 x 2	2 x 2		
BAY - RESUS TROLLEY	yes	1 x 2	1 x 2	1 x 2	1 x 2		
CLEANER'S ROOM	yes	1 x 4	1 x 4	1 x 4	1 x 4		
CLEAN UTILITY	yes	1 x 12	1 x 12	1 x 12	2 x 12		
DINING		1 x 20	1 x 30	2 x 20	2 x 30		
DIRTY UTILITY	yes	1 x 10	1 x 10	2 x 10	2 x 10		
DISPOSAL ROOM	yes	1 x 8	1 x 8	1 x 8	2 x 8		
ENSUITE - STANDARD	yes	8 x 5	17 x 5	26 x 5	34 x 5		
ENSUITE - SPECIAL	yes	1 x 7	1 x 7	1 x 7	1 x 7		
LOUNGE - PATIENT	yes	1 x 15	2 x 15	3 x 15	4 x 15		
MEETING ROOM - LARGE	yes	1 x 30 optional	1 x 30 optional	1 x 30 optional	1 x 30 optional		Multi-use, for Activities
MEETING ROOM - SMALL	yes	1 x 12	2 x 12	3 x 12	4 x 12		Quiet Sitting Room
PANTRY	yes	1 x 8	1 x 8	2 x 8	2 x 8		Including oven, grill, cooktop and rangehood
STAFF STATION	yes	1 x 14	1 x 14	2 x 14	2 x 14		
STORE - GENERAL	yes	1 x 9	1 x 9	1 x 9	1 x 9		
STORE - EQUIPMENT	see remarks	1 x 10	1 x 10	1 x 20	1 x 20		Refer to Standard Component - Store - Equipment; size according to amount of
TOILET - PATIENT	yes	1 x 4	2 x 4	3 x 4	4 x 4		Locate near Dining / Activities areas
TREATMENT ROOM	yes	1 x 15	1 x 15	1 x 15	1 x 15		
CIRCULATION %		32	32	32	32		

650 .29.00 STAFF AND SUPPORT AREAS

Note: Offices and Support Areas are dependent on the Operational Policy and management structure:

ROOM / SPACE	Standard Component	10 Bed Qty x m2	20 Bed Qty x m2	30 Bed Qty x m2	40 Bed Qty x m2	Remarks
OFFICE - SINGLE PERSON 12 M2	yes	1 x 12 optional	1 x 12 optional	1 x 12 optional	1 x 12 optional	Director

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OFFICE - SINGLE PERSON 9 M2	yes	1 x 9	1 x 9	1 x 9	1 x 9		Unit Manager
OFFICE - 2 PERSON SHARED	yes	1 x 12 optional	1 x 12 optional	1 x 12 optional	2 x 12 optional		Administrative functions, according to staffing establishment
TOILET - STAFF	yes	1 x 2	1 x 2	2 x 2	2 x 2		

650 .30.00 COMMUNITY REHABILITATION CENTRE & SUPPORT AREAS

Note: Provision of clinic rooms for Specialist Clinics is dependent on the Operational Policy and service provision of the facility.

ROOM / SPACE	Standard Component	8 EFT Qty x m2	12 EFT Qty x m2	16 EFT Qty x m2	20 EFT Qty x m2		Remarks
AUDIOLOGY STORE				1 x 4 optional	1 x 4 optional		
CRAFT ROOM		1 x 20 optional	1 x 20 optional	1 x 20 optional	1 x 20 optional		
GERODONTAL		1 x 20 optional	1 x 20 optional	1 x 20 optional	1 x 20 optional		
OCCUPATIONAL THERAPY		1 x 40 optional	1 x 80 optional	1 x 80 optional	1 x 120 optional		
OFFICE - SINGLE PERSON 12 M2	yes	1 x 12 optional	1 x 12 optional	1 x 12 optional	1 x 12 optional		Audiology
ORTHOTICS WORK ROOM		1 x 6 optional	1 x 6 optional	1 x 6 optional	1 x 6 optional		
PATIENT BAY	yes	1 x 9	1 x 9	1 x 9	2 x 9		Physiotherapy Cubicles
PHYSIOTHERAPY GYMNASIUM	see remarks	1 x 70	1 x 100	1 x 100	1 x 140		Refer to Standard Component - Gymnasium; Size according to Operational Policy
PODIATRY		1 x 15 optional	1 x 15 optional	1 x 15 optional	1 x 15 optional		
PODIATRY STORE				1 x 4 optional	1 x 4 optional		
SPEECH PATHOLOGY		1 x 12 optional	1 x 12 optional	1 x 12 optional	1 x 12 optional		
SPLINT ROOM		1 x 12 optional	1 x 12 optional	1 x 12 optional	1 x 12 optional		
STORE - EQUIPMENT	see remarks	1 x 10 optional	1 x 15 optional	1 x 15 optional	1 x 20 optional		Occupational Therapy equipment; Refer to Standard Component Store - Equipment
STORE - EQUIPMENT	see remarks	1 x 8 optional	1 x 10 optional	1 x 10 optional	1 x 17 optional		Physiotherapy equipment; Refer to Standard Component Store - Equipment
URODYNAMICS		1 x 16 optional	1 x 16 optional	1 x 16 optional	1 x 16 optional		

650 .31.00 SHARED AREAS

ROOM / SPACE	Standard Component	10 Bed Qty x m2	20 Bed Qty x m2	30 Bed Qty x m2	40 Bed Qty x m2		Remarks
BATHROOM	yes	1 x 10	1 x 10	1 x 10	2 x 10		
BAY - BEVERAGE	yes	1 x 3	1 x 3	1 x 3	1 x 3		Co-locate with Staff Room
EXTERNAL TREATMENT AREA		1 x 150	1 x 150	1 x 150	1 x 150		
LIBRARY / RESOURCE AREA				1 x 10	1 x 10		

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MEETING ROOM - LARGE	yes	1 x 30	1 x 30	1 x 30	1 x 30		
PROPERTY BAY - STAFF	yes	1 x 6	1 x 6	2 x 6	2 x 6		
STAFF ROOM	yes	1 x 15	1 x 15	1 x 15	1 x 15		

References and Further Reading

- 650 .32.00 - American Institute of Architects, Guidelines for Design & Construction of Hospital & Healthcare Facilities, 1997.
- Department of Human Services, Aged, Community & Mental Health Division, Sub-acute Care Facilities and Specialist Clinics Generic Brief, 2000.
 - Department of Human Services, Aged, Community & Mental Health Division, Hospice Unit Generic Brief, 1999.

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FUNCTIONAL RELATIONSHIPS DIAGRAM - SUB ACUTE CARE UNIT

