Sharjah Healthcare City - Health Facility Guidelines

**Room Data Sheets** 

Milestone: Current

Department Room Name	Standard Components Gymnasium, 45m2	Room Tag: Room Code:	2510 GYAH-45-S						
Net Room Area Briefed	45.0 M2								
No of Rooms	1								
Subtotal of Briefed Area	45.00 M2								
Hours of Operation	8am to 6pm daily								
Occupancy	Up to 10 patients/ hour; up to 3 staff								
Also covers these Rooms									
Description/ Special Requirements	The Gymnasium provides for patient evaluation, rehabilitation exercise activities, therapy and ambulation training. An external outlook is desirable. The equipment to be used in this area will be dependent on the function of the gym and the Operational Policy.								
	Acoustics: Acoustic privacy required.								
	Body protected electrical area								
Amendment	13.03.2014 First issue								

## Room Fabric and outline specifications

ID	Fabric	Material	Finish	Specification	Selection	Remarks
5030	Ceiling	Plasterboard	Prefinished	Drop-in tiles, 600x1200		flush set plasterboard ceiling also acceptable
6025	Cornice	Aluminium	Powdercoat	shadow line		
8010	Door protection	Composite	Prefinished PVC	Protection plate to 900 AFFL		
8040	Door protection	Composite	Prefinished PVC	To door frame		
9225	Doors	Solid Core/ Glass	Paint	Double leaf, observation panel		1400 mm clear opening, lockable
1000	Floor finish	Vinyl	Standard slip resistant	Seamless, coved		
2000	Skirting	Vinyl	Prefinished	Floor vinyl coved, 150 mmH		cushioned vinyl optional
3000	Wall finish	Paint	Acrylic, washable			
3022	Wall finish	Resinate, 6mm	Prefinished	Splashback		to basin & sink, tiles also acceptable
7001	Windows					desirable

## Fittings and Furniture (FF)

Description	Category	Group	Qty	Selection / Remarks
Bench: laminate	Furniture/ Fitting	1	1	optional
Blind: Venetian	Metalwork	3	1	1 to each external/ internal window, if provided
Chair: client	Furniture/ Fitting	3	1	
Clock: battery operated	Furniture/ Fitting	3	1	
Cupboard: drawer unit	Furniture/ Fitting	1	1	under bench, optional
	Bench: laminate         Blind: Venetian         Chair: client         Clock: battery operated	Bench: laminate     Furniture/ Fitting       Blind: Venetian     Metalwork       Chair: client     Furniture/ Fitting       Clock: battery operated     Furniture/ Fitting	Bench: laminateFurniture/ Fitting1Blind: VenetianMetalwork3Chair: clientFurniture/ Fitting3Clock: battery operatedFurniture/ Fitting3	Bench: laminateFurniture/ Fitting1Blind: VenetianMetalwork31Chair: clientFurniture/ Fitting31Clock: battery operatedFurniture/ Fitting31

 SHCC Guidelines
 Provided by TAHPI for :
 Issue No: 1
 Print Date:
 20 May 2014

 Sharjah Domain
 Issue Date: 1 Apr 2014
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**Room Data Sheets** 

Milestone: Current

		dard Components nasium, 45m2			Room Tag: Room Code:	2510 GYAH-45-S
ID	Description	Category	Group	Qty	Selection / Remarks	
4410	Cupboard: under bench	Furniture/ Fitting	1	1	optional	
4460	Cupboard: wall mounted	Furniture/ Fitting	1	1	over bench, optional	
4600	Curtain track: bed screen	Metalwork	1	2	to plinth spaces	
5000	Curtain: bed screen	Furniture/ Fitting	3	2	to plinth spaces	
6154	Dispenser: paper/ hand towel	Furniture/ Fitting	2	2	to basin & sink (if sink l	ench provided)
6156	Dispenser: soap	Furniture/ Fitting	2	2	to basin & sink (if sink l	ench provided)
7520	Exercise bicycle	Furniture/ Fitting	3	2	optional	
7530	Exercise stairs	Furniture/ Fitting	3	1	optional	
12450	Locker: bedside	Furniture/ Fitting	3	2	or trolley, to plinth space	es
13800	Mirror: full length	Metalwork	1	2	to one wall	
16780	Parallel bars	Furniture/ Fitting	3	1	removable	
17630	Plinth	Furniture/ Fitting	3	2		
18170	Pulley weights: wall mounted	Furniture/ Fitting	3	1	optional	
13645	Steel mesh: framed, ceiling mount	Metalwork	1	2	to plinths, optional	
13646	Steel mesh: framed, wall mount	Metalwork	1	2	to plinths, optional	
24100	Waste bin: paper, 20 Litre	Furniture/ Fitting	3	1	to basin	

### Fixtures, Equipment and associated Services (FE)

ID	Description	Group	Qty	Ele	Data	CdW	HtW	₩m₩	Тар	Dns	Gas	Selection / Remarks
2800	Basin: handwash, Type B	1	1			yes		yes	yes	yes		refer to BHWS (sim)
47890	Sink & drainer: single, 930mmL	1	1			yes	opt	opt	yes	yes		optional, hot water
54510	Telephone: handset, standard	3	1		yes							wall phone

#### Services

ID	Description	Service Category	Qty	Selection / Remarks
1000	Telephone: PABX	Communications	1	to wall phone
1006	Voice / Data outlet: double	Communications	2	to plinths, optional
1006	Voice / Data outlet: double	Communications	1	to bench
5000	Airconditioning	HVAC		
6000	General fluorescent	Lighting		
8080	Emergency call	Nurse Call	1	+ indicator button & light
8005	Patient call handset	Nurse Call	2	call button on the handset
8000	Patient/ Staff call	Nurse Call	2	+ indicator button & light
8010	Staff/ Nurse assist call	Nurse Call	1	+ indicator button & light
9040	Body protected	Power		
9015	GPO: Cleaner	Power	1	
9001	GPO: Double	Power	8	quantity will be determined by equipment to be used and Operational Policy