



مدينة الشارقة للرعاية الصحية
Sharjah Healthcare City
ثقافة الرعاية . Culture of care

SHCC Guidelines

For Briefing, Design and Approval of Healthcare Facilities

Part E – Engineering

Version 1, 2014



Table of Contents

1.0	Introduction.....	3
1.1	Engineering Briefing	3
1.1.1	Engineering Service Outlets.....	3
1.1.2	Engineering Systems.....	3
1.2	Engineering Services in Health Facilities	4
1.3	General Requirements	5
2.0	Engineering Guidelines.....	6

1.0 Introduction

Part A of the SHCC Guidelines has already covered the Engineering Standards that must be followed. This section provides further clarity in relation to the Engineering Requirements.

The key issue in relation to Engineering is to understand the role of detailed briefing. Once the Functional Planning Units of the health facility are known, the nature of the service they provide will dictate certain Engineering Requirements from environmental conditions to infection control.

In an administrative area, a certain type of simple air-conditioning may be adequate and acceptable; however, the same will be unacceptable in an Operating Suite, where a complex air pressurization regime must be implemented for infection control.

Therefore, the operator and/or designer's self-declaration of the intended services and FPU's is the starting point of determining the Engineering Services.

1.1 Engineering Briefing

There are two aspects to the briefing requirements of Engineering.

1.1.1 *Engineering Service Outlets*

This refers to the type and quantity of service outlets in each part of the facility, defined room by room. These include but are not limited to:

- Air Conditioning (including pressurization type)
- Ventilation
- Power Outlets (General, Essential, UPS etc.)
- Lighting
- Sanitary and other fixtures
- Data and Voice Points
- Medical Gas Outlets
- CCTV and MATV outlets
- Nurse Call
- Security
- Transportation (lifts, escalators).

The type and quantity of the above outlets is not regarded as an Engineering decision, proposal or brief. These are regarded as part of the process of Health Facility Briefing and covered in Part B.

They represent the needs of patients, staff and visitors as determined by health facility planners in consultation with the facility operators with consideration of the minimum SHCC requirements.

These minimum requirements are shown in Room Layout Sheets provided under Part B.

1.1.2 *Engineering Systems*

The Engineers take the above briefing requirements as a starting point and determine the Engineering Systems, which respond to those requirements.

Engineering Systems may have numerous options for the provision of the same outcome e.g., there are many ways of providing air-conditioning to a space.

In addition to the items that are defined by the health facility planners, Systems Engineering will have to consider aspects of design that are not fully definable as part of the Health Facility Briefing. These include, but are not limited to:

- Fire Detection
- Fire Fighting
- Steam Generation
- ESD Solutions
- Electrical Generators
- Medical Gas Storage
- Central Energy Facilities
- Water Treatment
- Hot Water Generation and Storage.

These are examples of Engineering Systems that are determined during the design development, although certain preferences may be apparent even before design.

1.2 Engineering Services in Health Facilities

Engineering Services in healthcare facilities shall satisfy general comfort demands, health procedure and patient care relevant requirements.

An important role of Engineering Services is controlling specific risk characteristics within a particular health facility. Engineering Services become part of the complex risk management environment that includes many other factors such as maintenance and management. The optimal solution is the structuring of risk management to suit the potential risks specifically for the facility and financial circumstances (that will vary among projects).

These Guidelines cannot cover all Engineering options or define the requirements of a risk management system for Engineering Services. These systems should be developed during the design phase of the project by specialist Engineers with experience in designing healthcare facilities.

As energy efficient solutions are becoming increasingly important, further requirements are proposed for inclusion in the design of health facilities. Some energy efficient solutions based on good Engineering and general project development approaches do not necessarily increase capital costs.

The provision of most energy recovery equipment does increase capital costs of the project, therefore life cycle cost analysis is recommended to justify additional expenditure and application of this equipment will depend on budget constraints.

It is not the intention of the Guidelines to cover every aspect of public and private health facilities. Project specific issues that are expected to be covered in the project brief include:

- Involvement of affected stakeholders
- Nomination, listing of critical and sterile areas, including unacceptable risks
- Application of energy recovery systems, life cycle cost analysis and other financial requirements
- Provisions for foreseeable modifications
- Emergency power distribution
- Facility specific requirements
- Specific risks and risk management policy
- Trade wastes
- Service requirements for healthcare equipment
- Specific management and maintenance requirements
- Critical safety and performance parameters required being included into the maintenance regime.

Note: Healthcare procedure-specific equipment is excluded from the Engineering Services as the service contractors usually do not provide them. Engineering Services shall be provided as necessary to suit equipment.

1.3 General Requirements

Engineering Services shall comply with relevant, applicable legislations, municipality requirements and these Guidelines. For a list of relevant guidelines acceptable to SHCC, refer to Part A and the list at the end of this section.

Services, or their loss, shall not cause any unacceptable hazard. The particular risks involved with patients and healthcare procedures shall be considered. Where loss of service could cause unacceptable risk (including post-disaster function), services shall be continuously available and provide reliable operation.

All services shall satisfy the facility-specific healthcare procedure requirements, patient and other occupants' needs. All services shall be designed and installed in a manner that will minimize the opportunities for patient self-harm.

All services shall satisfy comfort requirements as determined in the acceptable international Guidelines.

All services shall be designed for safe usage and maintenance. Maintenance shall cause acceptable minimal disruption to healthcare procedures and minimal disturbance to patients.

Access points are recommended to be located outside patient areas and thoroughfares to avoid patient disturbance and frequent traffic.

No services shall create a hazard to or damage the environment.

Services shall be designed for minimal dust collection and easy cleaning.

All services shall be energy and cost efficient within the budgetary limits of the project.

Operation, monitoring and control of services shall suit the specific patient and healthcare procedure needs of the area serviced. Controls generally shall be tamper-proof.

As-built drawings and detailed Operation and Maintenance Manuals shall be supplied at the end of a project. The drawings shall be clearly marked "AS BUILT" in large lettering and submitted to SHCC as part of the final inspection.

At the completion of, or during the works, testing shall be carried out to prove the suitability and operation of the works or section of the works and that the installation complies in full with the specified requirements.

All equipment shall be suitable for the environment where they are located and operated (including temperature and pressure) and for the materials they handle.

2.0 Engineering Guidelines

SHCC will review the Engineering design in accordance with the following list of acceptable Guidelines:

	Standards and Guidelines applying to the MEP Engineering Discipline
1	SHCC Health Facility Guidelines – Part E
2	ASHRAE (American Society of Heating, Refrigerating and Air-Conditioning Engineers) – Inc. HVAC Design Handbook
3	SMACNA (Sheet Metal and Air Conditioning Contractors' National Association) – Design Handbook
4	DW 144 – Specification for Sheet Metal Ductwork
5	DW 171 – Standard for Kitchen Ventilation Systems
6	ARI (Air-Conditioning and Refrigeration Institute)
7	CIBSE (Chartered Institution of Building Services Engineers)
8	IOP (Institute of Plumbing) – Plumbing Engineering Services Design Guide
9	ASPE (American Society of Plumbing Engineers) Design Handbook
10	IPC (International Plumbing Code)
11	AWWA (American Water Works Association)
12	ASTM (American Society for Testing and Materials)
13	NFPA (National Fire Protection Association)
14	UL (Underwriters' Laboratories, Inc.)
15	HTM 02 (Health Technical Memorandum 02) Medical Gas Design Guide – Part 1 and 2
16	RSB (Regulation and Supervision Bureau)
17	UPC-AD (Uniform Plumbing Code of Abu Dhabi Emirate)
18	ADCD Fire Code and Latest Circulars and Memorandums
19	ADWEA (Abu Dhabi Water and Electricity Authority) Guidelines
20	ADSSC (Abu Dhabi Sewerage Services Company) Guidelines
21	Wiring Regulations for Electrical Installations (IEE 17 th Edition), published by the Institution of Engineering and Technology (BS 7671)
22	CIBSE Design Guides A, D, E, F, H, K and L

23	Wiring Regulations for Electrical Installations (IEE 17 th Edition), published by the Institution of Engineering and Technology (BS 7671)
24	BS 5266 and NFPA 70 – Emergency Lighting
25	BS 5839(p8) – Voice Alarm System in Buildings
26	BSEN 60849 – Sound Systems for Emergency Purposes
27	BS EN62305:2006 – Protection of Structures Against Lightning
28	BS 7430 and BS7671 – Earthing
29	NFPA 72 – National Fire Alarm Code
30	NFPA 101 – Life Safety Code